

# PEDIATRIC RENAL NUTRITION UPDATE 2022

## CME & WORKSHOP



Organised by

Department of Pediatric Nephrology, Dr. Mehta's Hospitals, Chennai



### CME

### Workshop

**13th December, 2022 (Tuesday)**

Tapovan Hall, Chinmaya Heritage Centre  
Harrington Road, Chetpet, Chennai-31

**14th December, 2022 (Wednesday)**

Dr. Mehta's Hospitals, McNichols Road  
Chetpet, Chennai-31

### Course Directors

**Vanessa Shaw**

UCL Great Ormond Street Institute of Child Health,  
London, UK

**Meenakshi Bajaj**

Tamil Nadu Govt. Multi Super Speciality Hospital,  
Chennai, India

**Rukshana Shroff**

Great Ormond Street Hospital for Children,  
UCL College, London, UK

**Sukanya Govindan**

Dr. Mehta's Hospitals,  
Chennai, India

**Organising team:** Drs. Sudha Ekambaram, Kalaivani Ganesan, Sukanya Govindan, Sunil Reddy

**Advisors:** Dr. Pranav Mehta, Dr. N. Kannan, Dr. B.R. Nammalwar, Dr. Edwin M Fernando

### REGISTRATION FEES

Category	Workshop /CME	Till November 25th	Till December 12th	SPOT registration
Consultants	CME	1500	2000	2500
Trainee doctors	CME	1000	1500	2000
Dietitians	CME	500	750	1000
Dietetics Students	CME	Free	500	750
<b>WORKSHOP</b>	<b>NO SPOT REGISTRATION</b> Limited seats only, registration to CME mandatory to attend workshop Contact – Ms. Angel, Mr. Joshua for workshop registration			



**Registration form:**

<https://forms.gle/gA8wqb1AR2LSAoJf7>

Scan to pay



UPI ID: q54403582@ybl

### CONTACT:

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### NEFT details:

Account Name: Mehta Multispeciality Hospitals India Pvt Ltd  
Bank: State Bank of India, Chetpet Branch  
Account No: 31734376446  
IFSC code: SBIN0006616

PEDIATRIC RENAL NUTRITION UPDATE 2022

# 13<sup>TH</sup> DECEMBER, 2022 – CME

Tapovan Hall, Chinmaya Heritage Centre, Harrington Road, Chennai-31

## SESSION 1: NUTRITIONAL ASSESSMENT ----- MODERATORS: VANESSA SHAW, UMA ALI

9.00-9.40 AM	Nutritional assessment of children with CKD	<b>Speakers</b> Arpana Iyengar Jyoti Singhal
9.40 -10.10 AM	Dietary recall – an overview	Meenakshi Bajaj, Chennai, India
10.10-10.20 AM – Q&A with discussion		

## INAUGURATION / TEA BREAK 10.20 -11.00 AM

## SESSION 2: ENERGY AND PROTEIN REQUIREMENTS IN CKD ----- MODERATORS: RUKSHANA SHROFF, SUSAN UTHUP

11.00 – 11.40 AM	<ul style="list-style-type: none"><li>Optimal energy and protein requirements in CKD 2-5D</li><li>Energy and protein prescription in infants</li></ul>	<b>Speakers</b> Vanessa Shaw, Roshan Kore
11.40 – 12.10 PM	Energy and protein requirement in special situations	Deepthi R
12.10-12.20 PM – Q&A with discussion		

## SESSION 3: CALCIUM AND PHOSPHATE PRESCRIPTION -----MODERATORS: MANISHA SAHAY, SUKANYA GOVINDAN

12.20 – 12.50 PM	Dietary assessment of calcium and phosphate intake	<b>Speakers</b> Nancy Sahni
12.50 PM – 1.30 PM	Management of calcium and phosphate in children with CKD	Rukshana Shroff, Annie Mattilda
1.30 -1.40 PM – Q&A with discussion		

## LUNCH BREAK 1.40 PM – 2.20 PM

## SESSION 4: POTASSIUM MANAGEMENT IN CKD ----- MODERATORS: ARPANA IYENGAR, RUKSHANA SHROFF

2.20 PM – 3.20 PM	Managing dyskalemia in children with CKD	<b>Speakers:</b> Vanessa Shaw, Subhankar Sarkar
3.20 -3.30 PM – Q&A with discussion		

## SESSION 5: ENTERAL FEEDING IN CHILDREN WITH CKD

3.30 -3.50 PM	Enteral feeding in children with chronic kidney disease	<b>Speaker:</b> Rukshana Shroff
3.50-4.00 PM – Q&A with discussion		

# 14<sup>TH</sup> DECEMBER, 2022- WORKSHOP

Dr. Mehta's Hospitals, Chetpet, Chennai -31

### GROUP DISCUSSIONS

9.30 AM – 10.30 AM – Adolescent on hemodialysis (Meenakshi Bajaj)

10.30 AM – 11.30 AM – Infant with CKD V (Annie Matilda)

11.30 AM – 11.45 AM: Tea Break

11.45 AM– 12.45 PM: Neonate with congenital nephrotic syndrome (Roshan Kore)

12.45 PM – 1.30 PM: Lunch

1.30 PM – 2.30 PM: Obesity and metabolic syndrome (Nancy Sahni)

### LECTURES

2.30 PM – 3.00 PM: Dietary sodium management (Fabio Paglialonga)

3.00 PM – 3.30 PM: Sodium in Indian diet and how to reduce it (Meenakshi Bajaj)